



Republic of the Philippines  
Department of Education  
Region V  
SCHOOLS DIVISION OF SORSOGON

**MEMORANDUM**

TO: **Concerned Elementary & Secondary School Heads**  
**All Nurses, *this Division***

FROM: **JOSE L. DONCILLO, CESO V**  
Schools Division Superintendent

SUBJECT: **PARTICIPATION IN THE MENTAL HEALTH AWARENESS ADVOCACY PROGRAM ENTITLED "ESSENTIAL PSYCHIATRY: FOCUS ON MENTAL HEALTH ASSESSMENT AND MANAGEMENT"**

DATE: **MAY 12, 2026**

1. This Office received an invitation letter from Dr. Roanne Halum of Metro Health Specialists Hospital, Inc., in partnership with the Philippine Psychiatric Association (PPA) regarding the conduct of **Mental Health Awareness Advocacy Program entitled "Essential Psychiatry: Focus on Mental Health Assessment and Management" on June 26, 2026 at the MSHSI Auditorium, Cabid-an, Sorsogon City.**
2. This activity aims to strengthen the capacity of health care professionals in addressing mental health concerns and promote the integration of mental health care into various settings through evidence-based lectures and interactive discussions.
3. In this regard, the following are requested to participate in the said activity as part of their continuous professional development, to wit:

<b>NURSING SERVICE</b>	<b>POSITION</b>
1. Almodiel, Armando E. Jr.	Nurse II
2. Angeles, Teresa Pamela P.	Nurse II
3. Ardales, Mary Jocylene G.	Nurse II
4. Baula, Rhea M.	Nurse II
5. Cadag, Gerard Rodel Z.	Nurse II
6. Cadag, Marifi A.	Nurse II
7. Cahilig, Pauline Angelie Y.	Nurse II
8. Deniega, Christine V.	Nurse II



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9. Detera, Marie Cecille H.	Nurse II
10. Digo, Carlo A.	Nurse II
11. Ermino, Evelyn T.	Nurse II
12. Escandor, Aristotle Abbie B.	Nurse II
13. Galit, Liezl C.	Nurse II
14. Gestiada, Cherry G.	Nurse II
15. Indiongco, Jose C. Jr.	Nurse II
16. Inzon, Gemma S.	Nurse II
17. Latosa, Eleanor C.	Nurse II
18. Lumasac, Saskia U.	Nurse II
19. Morada, Shiela Maria G.	Nurse II
20. Ravanilla, Glenn L.	Nurse II
21. Salvatierra, Girlie J.	Nurse II
22. Tabuena, Elizabeth C.	Nurse II
<b>IU's Nurses</b>	
23. Añonuevo, Marie Karla	Nurse II
24. Escobedo, Vanessa D.	Nurse II
25. Franche, Eleanor G.	Nurse II
26. Nañoz, Michael Angelo H.	Nurse II
27. Nebria, Vic Catherine G.	Nurse II
28. Zacarias, Monica N.	Nurse II

4. Participants in the said activity shall have a **registration fee amounting to One Thousand Pesos only (Php 1,000.00).**
5. Registration fee of the said activity will be charged against the HRTD Fund while travel and other incidental expenses incurred shall be charged to local funds/MOOE subject to the usual accounting and auditing rules and regulations.
6. This Memorandum shall also serve as an **Official Travel Order.**
7. For information, guidance and compliance.



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April 15, 2026

**JOSE L. DONCILLO, CESO V**  
Schools Division Superintendent  
Department of Education  
Region V  
School Division of Sorsogon

Dear **MR. DONCILLO**:

The Philippine Psychiatric Association (PPA) in collaboration with Metro Health Specialists Hospital has organized a Mental Health Awareness Advocacy Program entitled "Essential Psychiatry: Focus on Mental Health Assessment and Management." The event is scheduled on June 26, 2026 at the MSHI Auditorium, Cabid-an, Sorsogon City.

This joint initiative is designed to strengthen the capacity of health care professionals, educators – teachers/professors, guidance counselors, social workers and other stakeholders involved in addressing mental health concerns. It aims to promote the integration of mental health care into various settings through evidence-based lectures and interactive discussions.

The program shall cover the following topics:

- The Digital Sculpting of the Developing Brain: A Neurobiological Analysis of Early Brain Architecture and Media Exposure
- Beyond Stigma: Evidence-Based Perspectives on Mental Health Conditions and Care
- From Silence to Support: Recognizing Depression and Anxiety in the Local Setting
- Warning Signs and Actions: Understanding Self-Harm and Suicide
- Breaking the Cycle: Addressing Substance Abuse
- Sleep Matters: Identifying Insomnia and its Intervention
- PhilHealth Mental Health Coverage

The organizers are pleased to invite your office in this one-day activity. The registration fee is **Php 1000.00**. Corresponding Continuing Professional Development (CPD) units for every profession is applied thru the Professional Regulation Commission (PRC).

For inquiries, please reach us via email at [metrohealthpostgrad@gmail.com](mailto:metrohealthpostgrad@gmail.com) or through mobile number 0919-075-0421. Online registration will commence on May 4, 2026. No onsite registration will be entertained. Kindly refer to our official Facebook page for the announcement and registration link.

We look forward to your presence and active participation in this event. Thank you very much.

Respectfully yours,



**ROANNE HAXLUM, MD**

Chairperson

Post-Graduate Course on Mental Health Awareness