



Republic of the Philippines  
**Department of Education**  
Region V  
**SCHOOLS DIVISION OF SORSOGON**

November 19, 2025

**DIVISION MEMORANDUM**  
No. 353, s. 2025

**CONDUCT OF BASIC LIFE SUPPORT TRAINING FOR TEACHING AND NON-TEACHING PERSONNEL**

TO : Assistant Schools Division Superintendent  
SGOD & CID Chiefs  
Division and District DRRM Coordinators and alternates  
SGOD Personnel Concerned  
Teaching and Non-Teaching Personnel Concerned  
All Others Concerned

1. The Republic Act No. 10871 otherwise known as the Basic Life Support (BLS) Training in Schools Act mandates age-appropriate BLS training for basic education learners. The Implementing Rules and Regulation (IRR) particularly Rule II Section 5.2, emphasizes the Department of Education's (DepEd) responsibility to integrate BLS training into the comprehensive school curriculum. Further, Rule IV, Section 10 states that BLS training is mandatory for all DepEd personnel, particularly those who may serve as resource persons or trainers, ensuring efficient and effective BLS for basic education students.

2. In compliance to the aforementioned law, the Department of Education (DepEd) Schools Division Office (SDO) of the Province of Sorsogon in partnership with the Sorsogon Provincial Health Office – Health Emergency Management Staff (PHO – HEMS) conducted the Basic Life Support – Training of Trainers (BLS-TOT) for School Health And Nutrition Section and selected teaching and non-teaching personnel in three (3) batches from March to April 2024.

3. Per Memorandum of Agreement (MOA) between DepEd Sorsogon Province SDO and the Provincial Government of Sorsogon through the Sorsogon PHO, particularly item II. Rights and Obligations of the Parties, number B.3, DepEd SDO Sorsogon shall, *“conduct a roll out of BLS training in every school in furtherance of the provision of R.A. No. 10871 to the end that each school will have one BLS trained personnel.”*

4. In view of the foregoing, DepEd Sorsogon in partnership with PHO-HEMS will conduct BLS Training to selected teaching and non-teaching personnel on **December 2-3, 2025 (Batch 1), and December 10-11, 2025 (Batch 2)** at Villa



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Isabel Hotel and Resort, Sorsogon City. Please refer to Enclosure 1 for the list of participants and facilitators.

5. The sessions involve physical activities thus, the participants are advised to wear appropriate comfortable clothing and footwear such as but not limited to rubber shoes, t-shirts, warming pants, leggings, etc. The Project Management Team and Secretariat are stated in Enclosure 2. The matrix of activities is attached as Enclosure 3.

6. For details, please contact the Division DRRM Coordinator Joseph John J. Perez through his mobile numbers 0968-52-8888-6 or 0918-944-3656 and email address [josephjohn.perez@deped.gov.ph](mailto:josephjohn.perez@deped.gov.ph).

7. Travel and other incidental expenses relative to the conduct of this activity are chargeable against school/SDO MOOE/local funds subject to usual accounting and auditing rules and regulations.

8. Immediate dissemination of and compliance with this Memorandum are desired.

  
**JOSE L. DONCILLO, CESO V**  
Schools Division Superintendent

*sgod/socmobnet/jjp*



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**Enclosure 1: PARTICIPANTS & FACILITATORS TO THE BLS TRAINING**

**BATCH 1: 74 Participants + 15 Facilitators = 89**

<b>District</b>	<b>District DRRM Coordinator</b>	<b>Alternate Dist. DRRM Coord.</b>
Barcelona	Jeffrey Floresca	
Bulan I	Rove Neil R. Gigantone	
Bulan II	Mark Bryan G. Bon	
Bulan III		Alvin Bajado
Bulan IV		Cyrus G. Calleja
Bulusan	Jose Ronel A. Beltran	Nestor P. Bailon
Castilla East	Roland J. Dayanghirang	
Castilla West	Ronald M. Medes	
Castilla South	Efraem P. Mendez	
Donsol East I	Jimmy G. Recodig, Jr.	Ariel L. Aquino
Donsol East II		Eric M. Lita
Donsol West I	Jay-ar A. Serrano	John Aeron A. Agnote
Donsol West II	Omar Carlo B. Ocmer	Marlon P. Ombao
Gubat North	Raul Maraño	
Gubat South	Adonis G. Nuñez	
Irosin II	Jojie G. Gile	Glenn F. Pura
Magallanes North	Benhur P. Camacho, Jr.	Claire B. Deona
Magallanes South	Rayno Lucenario	Rey Baraquiell
Matnog I		Josephus G. Gacis
Matnog II	Antenor A. Formanes	Lelet G. Llaneta
Pilar I	Arlie M. Caballa	Gilbert A. Grifal
Pilar II	Lydia Socito	Raffy Mabini
Pilar III		Manuel Mariño
Sta. Magdalena	Robert C. Gamit	
<b>Total (34)</b>	<b>19</b>	<b>15</b>
<b>Schools Division Office - 11</b>		
<b>School Governance and Operations Division - 3</b>		
Rhodora R. Hermosa	Francis Roy Cadag	Patrick John J. Colico
<b>School Health and Nutrition Section - 8</b>		
Dr. Alyanna Abitria	Dr. Ma. Kristina Geranco	Dr. Sandra Acorda
Saskia U. Lumasac	John Chris Llabres	Dr. Maria Geliza Grutas
Jonathan Lagco	Mykko Gonzalgo	
<b>Districts - 29</b>		
<b>District</b>	<b>School</b>	<b>Teacher-Nurse</b>
Bulan 1	Danao NHS	Cory G. Espinocilla
Bulan 1	San Francisco NHS	Cassidy Juzar R. Gonzalgo



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Bulan I	JP Laurel HS	Mary Ann Vasquez
Bulan II	Bulan NHS	Mary Faith M. Misagal
Bulan III	Calpi IS	Darryl G. Guran
Bulan IV	Butag HS	Wylene B. Catamora
Bulan IV	Quezon NHS	Sharalyn P. Sia
Bulan IV	Valentina B. Boncan NHS	Alena Magno
Bulusan	Bulusan NHS	Danica Jean Estipona
Bulusan	San Isidro NHS	Rene G. Apolonio
Casiguran	Del Carmen MHS	Delilah Salvacion Golpo
Castilla East	Bagong Sirang NHS	Claire Bermas Lasim
Castilla East	Oras NHS	Juszyk- Ray B. Are
Castilla West	Cumadcad NHS	Krystel Miel Mancilla
Donsol East I	Donsol VHS – Gogon Annex	Hanna Grace B. Restoles
Irosin I	Gallanosa NHS	Cynthia B. Bancual
Irosin I	Gallanosa NHS	Christy Blanca G. Loberia
Irosin I	Gallanosa NHS	Madelyn G. Dela Rosa
Irosin I	Gallanosa NHS	Jamie Ann Dollentas
Irosin I	Irosin North HS	Marissa G. Fortes
Irosin II	Gabao NHS	Merla Mae Aducal
Matnog II	Matnog NHS	Darwin R. Enriola
Matnog II	Matnog NHS	Greg D. Geruela
Matnog II	Matnog NHS	Roland D. Garcia Jr
Matnog II	Sisigon IS	Jane Nadaine Ong
Pilar II	Bayasong NHS	Gladys Loseriaga
Pilar II	Bayasong NHS	Maria Nieran Medinilla
Pilar III	Salvacion ES	Vilma Gepaya
Pto. Diaz	Manlabong ES	Mark Mading Diesta
<b>Batch 1 Facilitators -15</b>		
Girlie Salvatierra	Pauline Angelie Cahilig	Vanessa Escobedo
Marie Karla Añonuevo	Gemma Inzon	Glenn Ravanilla
Rhea Baula	Aristotle Abbie Escandor	Vic Catherine Nebria
Dr. Manuel Clemente	Michael Angelo Nañoz	Cherry Gestuada
Joseph John J. Perez	<b>Fernan Ocampo (DOH)</b>	<b>DOH PHO Personnel</b>

**BATCH 2: 77 Participants + 16 Facilitators = 93**

District	School	Health Coordinators
Bulan II	Bulan South CS	Rocsan G. Bañares
Bulan II	Bonifacio ES	Camille Grace Cantuba
Bulan II	Gate ES	Riza G. Francisco
Bulan II	M.G. De Castro ES	Anna Liza D. Gonzaga



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Bulan II	N. Roque ES	Nyry Cheene G. Grayda
Bulan II	Obrero ES	Gizele B. Bendaña
Bulan II	Padre Diaz ES	Elissa T. Azares
Bulan II	San Isidro ES	Adora G. Gutlay
Bulan II	San Ramon ES	Margie Gordola
Bulan II	Sta. Remedios ES	Mary Ann L. Gestuada
Bulan IV	Aguinaldo ES	Jeanymae Estiller
Bulan IV	Alberto de Castro ES	Nuve B. Bello
Bulan IV	Bunga ES	Cristina G. Gotis
Bulan IV	Gabod ES	Marlo D. Granado
Bulan IV	Marinab ES	Cherry Lou G. Bartolay
Bulan IV	Osmena ES	Arra G. Erandio
Bulan IV	Otavi ES	Sarah Jane L. Evangelista
Bulan IV	Quezon ES	Ivy Liann G. Catamora
Bulan IV	San Vicente ES	Ruby T. Goloso
Bulan IV	Sigad ES	Archie Granadil
Bulan IV	Taromata I ES	Ramilie Faith G. Mapoy
Bulan IV	Taromata II ES	Ernierose G. Furigay
Bulusan	Bagacay ES	Celeste F. Galicio
Bulusan	Buhang ES	Elizabeth F. Duhaylungsod
Bulusan	Bulusan CS	April P. Dullas
Bulusan	Bulusan NHS	Danica Jean D. Estipona
Bulusan	Capiricochan ES	Norrieta B. Firmanes
Bulusan	Dancalan ES	Sonia E. Honra
Bulusan	Lalud ES	Rhenzo B. Galpa
Bulusan	Porog ES	Avegel G. Frivaldo
Bulusan	Sabang ES	Nelia F. Gapayao
Bulusan	San Antonio ES	Irene F. Gacosta
Bulusan	San Francisco ES	Sheila G. Africa
Bulusan	San Rafael ES	Ruth M. Perez
Bulusan	San Roque ES	Myra F. Ete
Bulusan	Tinampo ES	Roselyn H. Diño
Castilla South	Macalaya NHS	Maybelyn M. Benasa
Castilla West	Cumadcad NHS	Krystel Miel Maancilla
Donsol East I	Donsol East CS	Alex R. Baltazar
Donsol East I	San Ramon ES	Christy O. Lomangaya



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Donsol West II	Cabugao NHS	Bryan G. Ocampo
Gubat South	Gubat South CS	Grace Encinares
Irosin I	Benedicto F. Gabito ES	Nieva H. Ubalde
Irosin I	Buenavista ES	Imelda B. Merilo
Irosin I	Cawayan ES	Melanie Deocareza
Irosin I	Macawayan ES	Herrelyn B. Judin
Irosin I	Patag IS	Minie B. Lasap
Irosin I	San Isidro ES	Aileen F. Oliveros
Irosin I	Severino E. Fortes ES	Angenette D. Esparago
Irosin I	Tabon-Tabon ES	Imee Krizia D. Frivaldo
Irosin II	Bliss ES	Celestina Dolot
Irosin II	Bulawan ES	Juvelyn G. Gidoc
Irosin II	Casini ES	Delisa D. Apolonio
Irosin II	Cogon ES	Jessica Guatno
Irosin II	Gabao NHS	Merla Mae H. Aducal
Irosin II	Irosin North NHS	Jenny Belle Go
Irosin II	Salvacion ES	Virgie B. Tumanon
Irosin II	San Agustin ES	Seneca B. Ditan
Irosin II	Tinampo ES	Nemie Galeria
Irosin II	Tongdol ES	Eva F. Domdom
Irosin II	Tulay ES	Annalyn B. Fuensalida
Juban	Catanusan ES	Ana Marie G. Deverla
Magallanes North	Magallanes North CS	Elena A. Cruz
Matnog II	Cabagahan ES	Rosanna C. Funtelar
Matnog II	Coron-Coron ES	Mariz G. Benavidez
Matnog II	Genablan Occ. ES	Vanissa R. Cardino
Matnog II	Genablan Or. ES	Raisa N. Abenes
Matnog II	Hidhid ES	Catherine C. Claridad
Matnog II	Manjumlad ES	Moralie F. Garcera
Matnog II	Manurabi ES	Ria A. Regidor
Matnog II	Pawa ES	Normita Palconit
Matnog II	Sinang-atan ES	Jeralyn A. Gogolin
Pilar I	Banuyo Es	Mediatrrix Molleda
Pilar I	San Rafael NHS	Maria Chrisselda Mantes
Pilar III	Bantayan NHS	Lea Mae Agripa - Bantayan
Pilar III	Lungib NHS	Sylyn E. Cano
Pilar III	Palanas NHS	Meldrid Azul



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<b>Batch 2 Facilitators: 16</b>		
Cherry Gestuada	Eleanor Franche	Liezel Galit
Marifi Cadag	Armando Almodiel, Jr.	Teresa Pamela Angeles
Evelyn Emino	Eleanor Latosa	Gerard Cadag
Elizabeth Tabuena	Maria Cecilia Dellosa	Mary Jocylene Ardales
Marie Cecille Detera	<b>Fernan Ocampo (DOH)</b>	Jose Indiongco
	<b>DOH PHO Personnel</b>	

**Enclosure 2: Working Committee**

<b>Project Management Team</b>		
Leah H. Peran	Bernadette R. Bedis	Dodge E. Lagman
<b>Secretariat</b>		
Joseph John J. Perez	Rhodora R. Hermosa	Patrick John J. Colico

**Enclosure 3: Activity Matrix**

<b>TIME</b>	<b>DAY 1 (December 2, 2025 - Batch 1/Dec. 10, 2025 - Batch 2)</b>
8:00am - 9:00am	Arrival / Registration – Secretariat
9:00am - 9:30am	<b>Opening Program</b> Pambansang Awit/Oratio Imperata/Sorsogon March (AVP) Welcome Message John Rey J. Perez, SGOD Chief Presentation of Participants Secretariat Keynote Message SDS Jose L. Doncillo, CESO V
9:30am - 9:45am	House Rules/Pre-test
9:45am -10:15am	Health Break
10:15am – 11:00pm	Module 1: Principles of Emergency Care
11:00am - 12:00pm	Module 2: Introduction to Basic Life Support
12pm – 1pm	LUNCHBREAK
1:00am – 2:00pm	Module 3: Cardiopulmonary Resuscitation
2:00pm – 3:00pm	Module 4: Rescue Breathing
3:00pm – 4:00pm	Module 5: Automated External Defibrillator (AED)
4:00pm - 5:00pm	Module 6: Foreign Body Airway Obstruction Management (FBAO)
5:00pm - onwards	Billeting/Dinner cum Fellowship/rest
<b>TIME</b>	<b>DAY 2 (Dec. 3, 2025 - Batch 1/Dec. 11, 2025 - Batch 2)</b>
6:00am – 7:30am	Breakfast
7:30am - 8:00am	Management of Learning/Evaluation
8:00am – 12:00pm	Written Examinations and Skills Evaluation
12:00pm – 1:00pm	LUNCHBREAK
1:00pm – 2:00pm	Closing Program Impression per Group, Feedback from Training Team Awarding of Certificates and Ways Forward



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